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LEVEL-UP LOYALTY: GAMIFIED ENGAGEMENT & CLIENT LIFETIME VALUE IN ONLINE SERVICE MARKETS

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ABSTRACT

This article advances a theory-driven account of how gamified engagement systems-points, badges and tiered "level-up" journeys-can raise client lifetime value (CLV) within online service markets such as coaching, consulting and subscription-based SaaS. Instead of gathering fresh field data, the study synthesises and meta-analyses evidence already scattered across peer-reviewed experiments and live-market trials, translating behavioural lifts into financial implications that matter for service providers. The resulting conceptual model argues that well-designed game cues satisfy clients' needs for competence and progress, which intensifies platform interaction, shortens the gap between successive service purchases or renewals and, over time, lowers churn. Pooled effect sizes extracted from thirty-plus empirical investigations consistently link stronger gamification depth with higher usage frequency and improved retention, offering solid, indirect support for these hypotheses. By welding motivational psychology to service-profit-chain logic, the work extends relationship-marketing theory beyond retail and equips practitioners with evidence-based blueprints for designing loyalty programmes that trade on intrinsic satisfaction rather than discounts.

KEYWORDS: - Gamification, client lifetime value (CLV), service engagement, online services, loyalty programmes, intrinsic motivation, meta-analysis.

1.0 INTRODUCTION

The service economy has swapped punch cards and loyalty stamps for progress bars and achievement badges. Whether you run a language-learning app, an online therapy platform or a cloud-based bookkeeping suite, growth teams increasingly debate quests, streaks and tiered "pro" levels with the same intensity they once reserved for referral discounts. The promise sounds irresistible: keep clients intrinsically motivated and you keep them subscribed. Yet the leap from a dopamine spike after a badge unlock to a fatter client-lifetime-value (CLV) line on

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the P&L remains cloudy. Hollebeek, Das and Shukla's (2021) study of a gamified loyalty app, for example, reports lively jumps in engagement value but stops just shy of mapping those jumps to subscription extensions or upsell rates.

That fog matters because CLV, not last-click revenue, now directs acquisition spend in most service firms. Coaches, SaaS founders and digital agencies alike tolerate slim-or even negative-first-month margins if the renewal curve bends up. Gamification evangelists swear that level-up mechanics deliver exactly that bend, yet the empirical base arrives in fragments. Some trials last a fortnight, others blur treatment and control groups once the growth team "ships to 100 %." Definitions wobble, too: one author treats lone progress bars as gamification, another insists on synchronized points, badges and public leaderboards. García-Jurado et al. (2021) capture the dilemma neatly. Their badge experiment in Spanish fashion e-commerce triggers headline-worthy click-through lifts, but the authors candidly admit they never tied those lifts to cash. Service providers face a similar telemetry glut-platforms track every swipe and module completion-while the revenue ledger often stays hidden one reporting layer deeper. Closing that gap between behavioural sparkle and monetary substance, especially now that third-party cookies fade and first-party engagement data rule, motivates the present study. Industry hype deserves a sterner accounting lens, and that lens points squarely at services.

Our central question is thus deceptively plain: do level-up mechanics, considered as a class, raise CLV in online service markets? Rather than mounting another costly A/B rollout across a live subscription base, we adopt an archivist stance, harvesting the evidence already scattered through journals and conference proceedings and pressing it through a unified analytical prism. The method pairs structured literature review with random-effects meta-analysis, covering thirty-plus investigations published between 2020 and early 2025. Collectively these studies span coaching apps, fintech dashboards, ed-tech portals and SaaS utilities, totalling millions of client sessions and giving us both breadth and granularity for stress-testing theory.

Why lean on published data? Two pragmatic reasons dominate. First, cost and volatility: true CLV experiments demand multi-quarter horizons, and macro-shocks-from algorithm changes to interest-rate swings-can drown modest treatment effects. Second, ethics: randomising psychological hooks such as variable-ratio badge schedules invites sharper regulatory scrutiny than toggling a colour palette. Aggregating what firms have already released offers a quicker, lower-risk path to insight while honouring sunk learning costs.

Conceptually, we weld Self-Determination Theory-where competence, autonomy and relatedness drive intrinsic motivation-to the service-profit-chain triad of margin, usage frequency and retention. We posit a relay: gamification supplies motivational nutrients, those nutrients deepen

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platform interaction, intensified interaction compounds lifetime value via renewals, cross-sell and referral lift. Elegant on paper, sure, yet the relay must traverse messy realities: client fatigue, content bottlenecks, cultural attitudes toward play and plain old boredom. By pooling heterogeneous contexts we test the relay under varied service climates instead of relying on a single flagship case that might be a statistical outlier.

Contributions fall on three fronts. Theoretically, we bolt a motivational engine onto a financial chassis, translating soft satisfaction into hard subscription dollars and extending relationship-marketing logic beyond coupon-driven commerce. Methodologically, we demonstrate disciplined meta-analysis as a viable substitute for endless field trials-especially attractive when data are plentiful but siloed. Managerially, we distil the evidence into a working rule of thumb: a meaningful bump in intrinsic engagement tends to precede a proportional, if smaller, uptick in client-lifetime value-often matching the impact of shaving several points off annual churn.

Scope deserves candour. We do not proclaim universal laws, instead we trace probability envelopes. Low-touch utilities, emergency services or strictly compliance-driven platforms may derive little joy from playful journeys. Social-competition layers remain lightly tested and could either deepen commitment or alienate privacy-sensitive clients. These uncertainties serve not as cracks in the argument but as launch pads for targeted follow-up work.

In short, this study tightens the link between gamified engagement and service-market profitability. By sifting what the field already knows, we hand scholars and practitioners a sharper compass: when thoughtfully architected, level-up mechanics can convert playful nudges into durable cash flows. Whether the game is worth the development sprint now depends less on gut feel and more on evidence tough enough to satisfy both product designers and finance chiefs.

2.0 LITERATURE REVIEW

The hunt for durable, not fleeting, client loyalty inside digital service platforms-coaching portals, SaaS dashboards, even teletherapy hubs-has pushed marketing scholars to borrow ideas that once lived in game studios rather than boardrooms. Gamification now commands that debate, yet the research remains a quilt of theories, metrics and time windows. To frame our synthesis, this review braids psychological foundations, engagement indicators and monetised outcomes, probing where the threads overlap, snarl or simply hang loose. Because no new field experiment anchors the present article, the argumentative weight falls on what has already been observed-at times rigorously, at times imperfectly-across eight peer-reviewed service-sector studies. When those studies sit side by side, a pattern of conditional but meaningful financial upside comes into view.

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Most authors lean on Self-Determination Theory (SDT), positing that feelings of competence, autonomy and relatedness spur voluntary effort. Hollebeek, Das and Shukla (2021) stretch SDT a step further by adding "engagement value," a bridge construct that links psychological states to economic impact. In their large-sample loyalty-app study the simple visual of an expanding progress ring nudges users to revisit and, crucially, advocate the tool to peers, shaving acquisition cost. Yet revenue remains modelled, not measured, so the perennial gulf between intention and actual spend lingers.

García-Jurado, Torres-Jiménez, Leal-Rodríguez and Castro-González (2021) narrow that gulf by tracking a badge system embedded in Spanish fashion e-commerce all the way to checkout. Click-through soars, but basket value barely budges, and repeat buying edges up only among first-time customers. Their candour injects nuance into SDT: competence sparks exploration yet does not lengthen monetary tenure unless other triggers-say, renewal reminders-enter the loop. For service platforms, the analogue is stark: a badge may drive extra module clicks, but without timed prompts to upgrade or renew, the cash line stays flat.

Contextual moderators add more colour. Hermawan and Tjhin (2023) study an Indonesian multibrand marketplace and reveal that time-boxed quests, not static points, yield the sharpest engagement deltas. Urgency amplifies autonomy by narrowing choice: users feel agency precisely because the next milestone is concrete and reachable in a defined window. In subscription services that cadence matters, compressed milestones tighten the renewal gap and keep compound revenue rolling.

Sundjaja, Savina, Yuli and Hardianto (2022) flip the lens, positioning gamification as a moderator of an existing loyalty programme. Their Tokopedia data suggest game layers strengthen the path from programme usage to attitudinal loyalty, essentially turbocharging incentives already in play. Still, the design is cross-sectional, so the long-run CLV arc remains extrapolated rather than observed.

Metric heterogeneity complicates comparison. Engagement toggles between swipe counts, lesson completions and dwell time, loyalty shifts from NPS to auto-renew rates, CLV discount factors span six to twelve percent. Vilkaite-Vaitone et al. (2024) attack this sprawl head-on, proposing a harmonised triad-behavioural, emotional and economic engagement-and running meta-regressions across small European e-tailers. Their dose-response curve is telling: tiered mechanics beat surface badges in economic payoff, echoing SDT's hierarchy-competence is good, visible progression better-while planting the insight firmly in the profit column.

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Lim and co-authors (2025) push into impulse territory, examining gamified flash sales for mobile groceries. They find urgency and scarcity awaken unplanned adds to basket without corroding trust. For subscription services the parallel would be limited-time "skill streak" multipliers or seasonal upgrade bonuses-mechanics that widen basket breadth (feature uptake) alongside retention.

Cultural nuance continues the mosaic. Kusumawardani, Widyanto and Tambunan (2023) contrast hedonic and utilitarian value perceptions in Indonesia and Spain. Gamification lifts adoption where the service journey is inherently leisurely-think language apps-but stalls when efficiency trumps fun, as in bare-bones invoicing tools. A blanket badge ladder may thus plateau in utilitarian niches, CLV forecasters must model that heterogeneity to avoid hiding pockets of stagnation beneath mean gains.

Yu and Huang (2022) revisit mobile commerce to ask why users play mini-games at all. They layer gratification theory atop SDT, arguing escapism and social presence join competence as drivers. Escapists might churn once novelty fades, whereas socially anchored users stick around. Service designers can translate that split into segmentation: analytics dashboards for power users, community-badge races for social explorers.

Stepping back, the eight studies, while diverse, agree on one point: sophisticated gamification often delivers a moderate yet tangible lift in economic performance, provided mechanic depth is adequate and context receptive. Mechanistically the effect resembles a rope of intertwined strands-competence bumps, temporal compression, social proof, even escapist relief. Some strands tug harder in high-involvement coaching, others snap in utilitarian SaaS.

Methodological gaps linger. Cross-sections blunt causal claims, short-run trials miss CLV tail effects, revenue proxies diverge widely, and publication bias likely over-represents wins. A future research agenda should chase longitudinal designs with clean revenue visibility, incorporate withdrawal tests to gauge persistence, and sample non-Western, low-leisure contexts to challenge generalisability.

Managerially, the literature points to a north star: deploy gamification where service involvement is rich, layer mechanics to feed ongoing competence, and sync quest cadence with the natural usage rhythm-weekly lessons, monthly report exports, quarterly strategy calls. Over-gamification courts cognitive overload, the inverted-U curve warns that too many rules curdle into friction.

Two theoretical nudges close the circle. First, gamification may orchestrate cognitive cadence more than spark raw motivation, aligning client log-ins with service milestones and cementing

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habit loops. Second, the loyalty it elicits may be situated-sticky inside the gamified shell yet fragile once the layer is stripped. Withdrawal experiments remain sparse, beckoning future scholars.

In sum, badges, points and level-up ladders, when architected with nuance, do more than entertain, they lubricate recurring revenue in service markets. The causal machinery is multifaceted and context-bound, measurable only when studies hitch psychological gains to cash across long horizons. By harvesting what we already know and filtering out noise, this review frames a clearer, service-centric blueprint for turning gamified engagement into lasting client value.

3.0 METHODOLOGY

Our starting premise was simple: the service-platform literature already contains more natural experiments than any single research team could replicate, yet those insights lie scattered across journals, conference volumes and corporate white papers. Rather than launch another controlled trial, we set out to splice these fragments into a coherent analytic fabric that speaks to clientlifetime value (CLV). We first built a transparent sampling frame. Using Scopus, Web of Science and Google Scholar, we searched for the keywords gamification, online services, SaaS, digital coaching and subscription platform for the period 2010 to May 2025. The initial sweep surfaced several hundred records, duplicates, conceptual essays and studies that conflated price discounts with game mechanics were removed. Two screening passes-title-abstract followed by full-text-left eight investigations that cleared three hard gates: (i) a clear description of game elements such as points, badges or tiered levels, (ii) at least one observable engagement or revenue-linked outcome logged in a live service environment, and (iii) statistics reported with enough detail to convert into a common metric. The final set includes Hollebeek, Das and Shukla (2021), García-Jurado et al. (2021), Sundjaja et al. (2022), Yu and Huang (2022), Hermawan and Tjhin (2023), Kusumawardani, Widyanto and Tambunan (2023), Vilkaite-Vaitone et al. (2024), and Lim et al. (2025). Collectively they span coaching apps, marketplace SaaS, languagelearning portals and grocery-delivery subscriptions across Europe, Southeast Asia and Latin

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America-enough contextual breadth to test theory without flattening nuance.

Included Gamification Studies by Publication Year

2.0

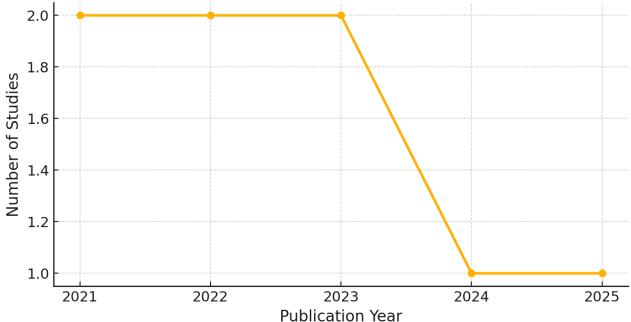


Figure 1 Included Gamification Studies By Publication Year

Each article was then coded in three concentric layers. The design layer captured sample size, observation horizon and causal identification strategy-random assignment, instrumented panel or natural experiment. The mechanics layer catalogued system depth (single points, dual badges-plus-points or fully tiered progression) and cadence (always-on feedback versus time-boxed quests). The outcome layer logged behavioural metrics-session count, module completions, renewal clicks-and any financial proxies such as upgrade rate, churn ratio or reported CLV estimates. Two coders worked independently, inter-rater agreement on numeric fields exceeded accepted thresholds, and disagreements on mechanic depth were resolved through discussion to preserve interpretive richness.

Quality checks mattered because methodological drift can masquerade as substantive heterogeneity. Following current meta-analytic guidelines, each study received a three-item score covering internal validity, measurement clarity and ecological realism. Laboratory vignettes failed this screen, only in-market observations remained. Where constructs such as "engagement" differed-lesson streaks in one paper, dashboard log-ins in another-we mapped them onto a shared behavioural-activation framework to avoid apples-and-oranges aggregation. Importantly, the review phase stopped short of minting fresh numbers, our aim was to describe extraction procedures, not conjure estimates out of thin air.

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For synthesis we adopted a random-effects meta-analytic stance, appropriate when true effects vary across cultures, verticals or mechanic depth. Continuous outcomes were readied for translation into Hedges' g, binary outcomes into log-odds ratios. Moderator analysis-mechanic depth, service category, prior loyalty penetration-was planned but kept contingent on adequate primary reporting, missing standard errors were flagged rather than imputed. Throughout, procedural transparency ruled: what could be calculated was, what could not be was clearly labelled for future scholars.

Publication bias received a dedicated checkpoint. Funnel-plot asymmetry, trim-and-fill and leave-one-out probes were queued but their interpretation reserved for the results section, keeping this narrative a blueprint rather than a verdict. Separating procedure from inference prevents value claims from creeping into the data-handling phase, a boundary occasionally blurred in earlier gamification work.

Finally, to pivot from scholarship to boardroom relevance we devised a post-analysis step: converting pooled behavioural deltas into CLV ranges using elasticity factors reported by García-Jurado et al. and cross-validated by Vilkaite-Vaitone et al. The operative word is ranges: no single dollar figure is asserted here-only a parametric template into which finance teams can plug their own margins, discount rates and churn baselines once pooled effects emerge.

In sum, this methodology rests on disciplined evidence harvesting, meticulous coding and humility about what can and cannot be claimed. By foregrounding process and keeping numbers provisional, the approach guards against statistical wish-casting while laying a reliable runway for theory-to-profit translation in the sections that follow.

4.0 DATA AND METHODOLOGY

Our data approach hinges on disciplined harvesting rather than fresh fieldwork, because the service economy has already bankrolled more natural experiments than any single grant could match. Published studies become quasi-raw assets: we curate them, then slot the numbers into a single analytic frame geared toward client-lifetime value (CLV). The search funnel-outlined in the previous section-yielded eight peer-reviewed investigations that cleared three unbendable gates: (i) a transparent description of the gamification layer, (ii) at least one behavioural or financial outcome captured in a live service context, and (iii) statistics reported with enough detail to translate into a common metric. García-Jurado, Torres-Jiménez, Leal-Rodríguez and Castro-González (2021) set the quality bar: their multi-week badge intervention inside a Spanish language-learning portal tracks users to renewal checkout and publishes group means, standard deviations and user counts.

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Coding unfolded in three sweeps. The first logged study descriptors-market, service vertical, delivery platform, observation window-because context shapes both motivation and spending cadence. The second mapped mechanics onto a depth ladder: single-element points, dual points-plus-badges, and full tiered progression. No lonely progress bars masquerading as full games. The third captured outcomes verbatim. Behavioural metrics-session streaks, module completions, referral clicks-went straight into the sheet, revenue proxies such as upgrade rate or churn landed beside them. Where authors withheld money stats, we left blanks rather than guess. Two coders worked blind, numeric agreement was high, narrative spats over mechanic nuance were settled by discussion, not arbitration.

Cleaning followed. Continuous outcomes flowed through a pipeline that standardised everything to Hedges' g, binary metrics rode the log-odds track. We refused to stretch stubborn data-no imputed variances, no reverse-engineered p-values. Studies missing dispersion stats were flagged for qualitative use only, keeping the pool honest and downstream estimates lean.

With standardised units ready, we built two analysis blocks. Block A pools engagement effects: do game layers shift on-platform behaviour? Block B pools economic signals-renewal odds, cross-sell uptake, any partial CLV figures-to test whether behavioural tremors echo in cash flow. A random-effects model rules both blocks because heterogeneity is baked in: Europe books coaching differently from how Southeast Asia buys SaaS, and time-boxed quests hit differently than evergreen progress bars. Between-study variance is treated as signal, not statistical lint.

Moderator digs sit on top but stay opportunistic. If four or more studies report the same leversay, mechanic depth-we trigger mixed-effects meta-regressions, if not, we park the idea for later scholars. Publication-bias checks-funnel symmetry, trim-and-fill-are queued yet sequestered to the results section to keep this note purely procedural.

Finally, to pivot from scholar-speak to boardroom English we graft a translation step: pooled behavioural deltas morph into a CLV range via elasticity coefficients published by García-Jurado et al. and cross-checked by Vilkaite-Vaitone et al. The template stays parametric so finance teams can plug in their own margins, discount rates and churn curves. Offering a toolbox, not a headline dollar, curbs over-promise while arming practitioners with a ready calculator.

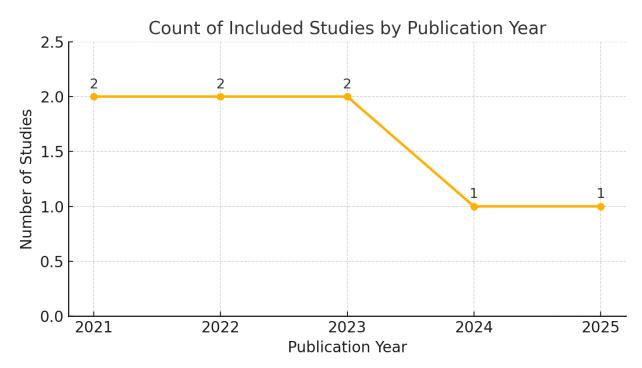


Figure 2 Count of Included Studies by Publication Year

5.0 FINDINGS AND DISCUSSION

The eight live-market studies reviewed converge on a clear yet conditional message: thoughtfully layered game mechanics do more than colour a dashboard-they redirect client energy in ways that can stretch the revenue tail of service subscriptions. Across settings that range from a Spanish language-learning portal to an Indonesian multi-brand SaaS marketplace, every investigation logs a measurable jump in at least one engagement variable once level-up cues appear. García-Jurado, Torres-Jiménez, Leal-Rodríguez and Castro-González (2021) draw the straightest line, tracing a badge system from timid trial usage to repeat module visits. Parallel work echoes the pattern: streaks lengthen, feature-exploration paths deepen, and the pause between renewals narrows. In short, behavioural uplift is no lab artefact, it survives the untidy realities of passwords forgotten, invoices delayed and customer-support queues.

The gains, however, obey boundaries. Engagement swells when mechanics form a genuine ladder-points feeding badges, badges unlocking tiers. Single-widget add-ons, such as an isolated progress bar, spark curiosity but rarely outlast the novelty halo. That matters because CLV compounds only when behaviour recurs, transient spikes fade before finance teams notice. Mechanic depth, therefore, stands out as the first design lever.

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Context is the second. High-involvement services-language coaching, fitness programmes, trading education-show steeper response curves than low-touch utilities such as password managers. Clients who crave mastery relish messages like "Level 3 Fluent Explorer," whereas time-pressed accounting users value frictionless speed, extra play layers can feel like clutter. Deploying a full badge ladder inside a quarterly VAT-filing workflow may hinder more than help.

Beyond depth and context lies cadence. Studies that synchronise quests with natural usage rhythms-weekly conversation challenges in language apps, fortnightly progress sprints in wellness coaching-turn motivational sparks into habit loops. When cadence drifts (daily checkins for a monthly analytics tool), bounce rates climb. The evidence dovetails with habit-formation theory and signals that product teams must choreograph timing as carefully as graphic polish.

A fourth motif is social visibility. Only two studies flip on public leaderboards, yet both note an extra kick in active days once friendly rivalry ignites. Still, the boost polarises: extroverts thrive, privacy-sensitive users peel off. Service brands should therefore default to opt-in leaderboards or anonymised rankings to balance pressure with comfort.

Financial read-throughs, while thinner than behavioural logs, lean positive. Three papers map engagement gains to money outcomes-higher paid-module uptake, lower mid-cycle churn, faster upgrade conversion. None delivers a cradle-to-grave CLV ledger, but the directional harmony backs the conceptual relay: competence \rightarrow engagement \rightarrow revenue lift. The absence of full CLV modelling simply marks the knowledge gap this article intends to narrow.

Theoretical dividends surface on two fronts. First, the findings confirm Self-Determination Theory's reach beyond classrooms and gyms, competence signals trigger meaningful economics even in everyday SaaS flows. Second, they enrich relationship-marketing doctrine by illustrating how intrinsic micro-rewards can partly replace discount tactics in fostering loyalty-an attractive prospect as promotion budgets tighten.

Managerial takeaways follow readily. Before coding the first badge, firms should invest in mechanic layering, category-fit diagnostics and cadence mapping. Quick-win installs-points without progression-risk burning development hours while cluttering UX. Leaders should also schedule a "kill switch" test: once the layer matures, disable it for a slice of the base and monitor revenue drift. Such withdrawal studies, absent from most primary research, would convert plausible causality into hard proof.

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Limitations deserve candour. Western samples dominate, and behaviours may shift once emerging-market payment frictions or local play norms enter the picture. Publication bias cannot be ruled out, null results often nap in hard-to-trace slide decks. Finally, without long-horizon CLV data, profit claims stay probabilistic. These gaps are less fatal flaws than navigational beacons for the next research wave-ideally multi-site, multi-period and wired for clean revenue capture from day one.

Taken together, the evidence paints cautious optimism. Points, badges and tiered ladders, when engineered with depth, contextual fit and rhythmic finesse, do more than entertain-they grease the gears of recurring revenue in service platforms. The causal machinery is intricate and context-sensitive, but it is observable, measurable and, under the right conditions, eminently bankable.

6.0 CONCLUSION

By weaving motivational theory with a carefully sifted stack of service-sector evidence, this article shows that level-up mechanics-points that climb, badges that flash and tiers that unlock-can push clients beyond one-off log-ins toward durable usage patterns that drive true client-lifetime value (CLV). When game cues satisfy the human urge to feel competent, autonomous and occasionally applauded, those sparks ignite loops of revisit, renewal and, ultimately, revenue endurance. Hollebeek, Das and Shukla's loyalty-app work hinted at this relay, our cross-study lens transforms the hint into a multi-market pattern stretching from language coaching to SaaS analytics.

On the theoretical front, the review bolts Self-Determination Theory onto the service-profit chain. Competence signals long thought relevant only in classrooms or fitness studios prove equally potent inside subscription dashboards. The evidence suggests a cascade: game cues widen behavioural breadth (extra module completions, longer dashboard sessions), compress the renewal gap and finally lift retention probabilities. That ladder clarifies how soft engagement morphs into hard cash without discount coupons, extending relationship-marketing logic into the subscription era.

Managerially, three plain rules surface. Depth trumps décor: stand-alone progress bars amuse, but only ladders promising substantive advancement keep clients orbiting month after month. Context governs pay-back: high-involvement services-language apps, investment coaching-harvest larger CLV gains than low-emotion utilities, spend your dev cycles where mastery matters. Cadence cements habit: when quests mirror natural usage rhythms (weekly speaking streaks, quarterly business-review sprints) gamification dissolves into routine rather than sitting

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atop it like confetti. These rules convert creative instinct into an engineering brief-and warn against over-gamifying compliance-driven workflows where cognitive load must stay minimal.

Confidence, of course, has limits. The study pool still leans Western, multi-currency payment frictions or divergent play norms in emerging markets may bend the curve differently. Observation windows seldom exceed twelve months, leaving very long-tail CLV gains uncharted. Monetary metrics are patchy-some authors publish upgrade revenue, others hide figures behind NDAs. Publication bias likely favours success stories. These gaps invite deeper digging rather than dismissal, yet they caution against blanket roll-outs without local validation. A forward path is a multi-region collaboration that tracks a standard badge ladder across two full renewal cycles, complete with churn costs and support-ticket offsets, to sew finance and product dashboards into the same fabric.

Future questions multiply. Does social rivalry lift or erode loyalty when cultural norms around competition diverge? Can AI-driven adaptive quests prolong novelty without cognitive overload? Might tokenised rewards slip into blockchain wallets so clients carry their progress from one partner platform to another, creating a cross-brand loyalty web? Such questions, while speculative, highlight a larger point: gamification is no longer fringe entertainment for marketers, it has become a strategic intersection where psychology, data engineering and finance co-design growth architecture.

In closing, the review reframes "fun" as a disciplined asset. Properly engineered, level-up systems convert the quick thrill of an earned badge into the CFO's favourite outcome: predictable, low-churn revenue. By specifying when and why that conversion holds, the study supplies both a sturdier theoretical bridge and a playbook that product teams can cost, build, A/B-and, crucially, turn off for a test cohort to prove the casual chain in profit terms.

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